

# What not to flush

Flushing the wrong items down the toilet can block your pipes, damage sewer systems and harm the environment.

Even “flushable” wipes shouldn’t be flushed - many contain plastic and don’t break down.

**Remember: only flush the 3 Ps – pee, poo and paper!**

**And never flush these items.**



 Cotton buds	 Baby, facial, 'flushable' toilet wipes and kitchen wipes	 Kitchen roll	 Facial cleansing pads
 Cotton wool or balls	 Used toilet roll tubes	 Nappies	 Tampons and applicators
 Sanitary towels	 Medication	 Plasters	 Cigarettes